Principals Report

Swimming Carnival
All students must be congratulated for their participation and enthusiasm in their first swimming carnival at the new Hornsby swimming facility. It was a wonderful day for all. I extend my congratulations to the event organiser, Ms Overhall, staff and the Sport Leaders for making this day a memorable experience for all. The “cheer-off” was brilliant. What a DAY!!!

Building strong relationships with our community
The last three weeks Year 8 students, the Deputy Principals and myself had an amazing experience speaking to Year 5 and 6 students from our feeder Primary Schools. We shared with them the vision and programs of Asquith Girls HS. It was wonderful to hear their positive attitude towards our school and their desire to be an Asquith Girl. I am looking forward to engaging with our primary school P&C in the next few weeks. On behalf of our AGHS community I would like to thank all year 5 and 6 teachers and my Principal colleagues for their strong support. Thank you to all Year 8 students for being true ambassadors of our learning culture.

AGHS Open Night for Years 6&5
It was wonderful to see so many families and their daughters on the night and I thank everyone for the positive feedback and appreciation to our student leaders.

Year 7 Camp
What a wonderful bonding and team building experience. Well done to all Year 7 and their teachers.

International Women’s Day Breakfast
On March 8 our International Women’s Day Breakfast acknowledges that 70% of the global poor are women. Although women perform 2/3 of the world’s work, they earn less than 10% of the world’s wages and we endorse the Australian National Committee for UN Women’s theme for International Women’s Day 2015 ‘Make it Happen’.

Empowering Women - Empowering Humanity:
Picture It!

As a learning community we must never lose sight of the fact that Women who have equal access to education work to sculpt a better future for all. AGHS for years now are making this dream a reality in Afghanistan. My appreciation also goes to our colleagues from other schools and to our wider community for their support and for making this event count. Congratulations to the Social Justice Team, Dr. Ganeson and all staff involved for their efforts and diligence towards this important event.
Exhibiting our school's values
Our students look superb in their full school uniforms. I thank you for your support in ensuring our uniform code is adhered to. If you have any questions about school uniform, please refer to your daughter's diary.

Attendance
Our school days start at 8:40 am and finish at 3:00 pm on all days except Tuesday where students finish at 2:22 pm. It is important for students to be at school every day and on time. Students who arrive at school late due to unforeseen circumstances must have a signed note from their parent/caregiver and sign through the front office. It is also expected that students have a signed note if they have been absent. It is advisable, whenever possible, to make doctor appointments outside school hours to minimise interruption of learning.

Year 12 students, due to their curriculum patterns, have a flexible timetable. Due to this fact they have been granted the privilege to arrive to school late or leave early. In both cases students must sign in upon arrival and sign out when departing from school. When students have study periods between lessons they are expected to be in the Library. No student is to leave the school grounds without parent’s/caregiver’s written approval.

The school is driven by strong values and students are expected to demonstrate them at all times. These values should be reflected in the behaviour, attitude and actions of all students both within the classroom, in our learning environment, representing the school and when travelling to and from the school.

Assessment Information Forums
Thank you to all parents and caregivers for their positive feedback in relation to Years 7-11 assessment booklets and information evenings. All students now have a copy of an Assessment Booklet and an Assessment Calendar. These documents outline the nature of all assessment tasks scheduled over the year, along with the dates when each task will be held. I encourage all students and parents to go through the documents and discuss the expectations and important due dates. It is important students are always well organised and prepared for their school commitments.

School Contributions
I would like to take this opportunity to thank all families that have made the payment towards their contributions. This enables the school to effectively plan for improvement to our learning environment and resources for educational courses and programs for your daughters. The school offers different payment options to support our families with their financial commitment. Should you wish to discuss these options with me please ring the school during school hours.

I wish you all a wonderful Autumn season.

Elizabeth Amvrazis
Principal
The Asquith girls app is now live!!

The app is going to give you the ability to instantly access newsletters without going to the website, find our venues and importantly receive important pop up notifications from us. We will be sharing many of the other features with you over the coming weeks, but for now download it to your smart phone by going to either the Apple App Store or Android Google Play Market and search for Asquith Girls High School. Once you have found it press install or download.

You can also use the QR codes below to download it.

**IMPORTANT DATES TO REMEMBER**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Enrichment Class 2016</td>
<td>Saturday 7 March</td>
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<tr>
<td>P &amp; C Meeting</td>
<td>Wednesday 11 March</td>
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<tr>
<td>Spirit Week</td>
<td>Monday 9-13 March</td>
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<tr>
<td>Parent Teacher Night Years 7,9 &amp; 11</td>
<td>Tuesday 24 March</td>
</tr>
<tr>
<td>Parent Teacher Night Years 8,10 &amp; 12</td>
<td>Wednesday 1 April</td>
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<tr>
<td>Last day of Term</td>
<td>Thursday 2 April</td>
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<tr>
<td>Staff Development Day</td>
<td>Monday April 20</td>
</tr>
<tr>
<td>Students Return</td>
<td>Tuesday April 21</td>
</tr>
</tbody>
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2015 - Asquith Girls HS - developing high achieving young women who are responsible and independent leaders and learners
P & C News

We have a very exciting event coming on Saturday March 21st. This band night is a terrific opportunity for you to support a couple of local bands and your daughter’s school and have a brilliant night out socialising. We are showcasing a couple of great local bands; Gorgeous George is a rock and soul, rhythm and blues band, and the lead singer, an ex AGHS girl, is looking forward to performing once again on the stage of her very first performance! Barley Belly is a local Hornsby band of AGHS and ABHS fathers. These guys run a great show, and are getting recognition and following with great reviews. We have DJ Bounce aka Mark Robinson spinning some tunes from his huge collection as well, so it will be a great night of excellent music. BYO drinks and food, we will have tables set up, get a group, or just your partner, and come along for a great night of music and socialising with parents of Asquith Girls! Tickets pre-purchase at $20 per head at www.trybooking.com/HAXF or $25 at the door. As we are on DEC property, and alcohol will be consumed, this is strictly 18 and over event. So order the kids a pizza, download them a couple of movies, and come out for a night of great music and great times, eating and sharing food and friendship, partying with other AGHS parents. Limited tickets available, so don’t delay!

Our welcome BBQ for the Year 5 & 6 Open Night went seamlessly on Monday the 2nd with many thanks to the trusty team of helpers. You know who you are, and your help is much appreciated. The evening was very well attended, and I understand the visitors were very impressed with the school and its credentials.

Preparing for the Open Night BBQ once again revealed a troubling aspect of our P&C. That is the fact that for the last several years there is a core group of about half a dozen people that do everything that your P&C is involved with. None of us are independently wealthy self-funded retirees with spare time to burn (couldn’t be further from the truth in my case) but rather we are parents who believe we can make a better environment for all of our school’s students and staff by selflessly giving what amounts to a small amount of time in our day to day lives. Everyone leads busy lives, works long hours, and has to fit in the many extra curricula activities of our children and ourselves, and sadly P&C falls off the end of the list. Perhaps involvement in the P&C seemed compulsory in primary school, and wore you out, so high school involvement is surely optional with “so many more parents, surely they don’t need me”. Maybe you can’t identify the return on investment of the time, however, I would counter that with the intangible difference in your daughter’s attitude to her education because mum and/or dad are prepared to give of their time to her school. As was mentioned to me by a deputy principal several years ago “We very rarely have any trouble with the children of parents who bother to help out at P&C”. I’m not suggesting your daughter will be in strife if you don’t assist your P&C, or that they will achieve better HSC results if you do assist your P&C, just prompting you to shift the ranking of importance of P&C up your list and make the time to be involved, knowing that your time given benefits others, and can even give you enjoyment. We actually have quite a bit of fun doing stuff for the school, and I would love to have more of you join the team and commit to the few hours a year you can give to your daughter’s high school education.

Our next meeting is on Wednesday March 11th. Please come along and join us to see where you can contribute to your daughters’ education, and get involved in serving our school community to the benefit of all.

Michael Ficker P&C President
Email: President@AGHSPandC.org.au
Web: www.AGHSPandC.org.au
Learning and Support Team

The Asquith Girls High Learning and Support Team is currently working on refining processes to maximise support for all students that may have additional learning and support needs at some stage throughout their high school experience.

**Year 11 and 12 students** If you would like to apply for disability provisions with BOSTES for either the Year 11 Preliminary course or the HSC in 2015 please come to the Learning Support Staff Room as soon as possible to discuss and collect your application. The deadline for the HSC course is the end of Term 1 and the application may take several weeks to put together. If you have previously submitted an application then you will need to reapply this year.

You will need to supply medical or learning evidence to support your application. You need to show why a provision will assist you to overcome your difficulties/disability. Your teachers need to support your application so having a conversation with them around your needs is important so they know what to write on the application. You need to return your application to Learning Support. If you have any questions please come to Learning Support for clarification.

**The Learning Support staff** room is open throughout the day to assist students with work, organisation and issues as they arise. We do have computers that students can access to complete work at recess, lunch and at other times if prearranged. The Support Staff may also be able to provide additional support for students in class.

**Year 7 and 9 students** - NAPLAN will be conducted in early Term 2 again this year. If you would like to discuss your needs concerning disability provisions please come and chat to the friendly Support staff.

Asquith Nursery and Pre-School will be closing later this year. Some of the parents are making a photo book of past and present children as a keepsake for the staff and are looking for families whose children had attended over the years. Most of the staff have been working there for between 10 and 17 years so it is likely some of their past charges now attend Asquith Girls.

If anyone in your family attended the centre and would like to be involved and included, please email Kristy Probst at ANPS.gi@Gmail.com for more information.

**Maths On Thursday**

A quiet place to complete your Maths HW
Get help from a Maths teacher
Available to Years 7-10
In the Library every Thursday 3:10-4:15pm
See you there … Bring a friend
Student Wellbeing

It has certainly been a busy start to the year for the welfare team at AGHS. Year 7 students have started to participate in their first Connecting Learning & Life (CLL) lessons and Year 8, who are seasoned travellers with CLL, have also started to have their first classes for the year. In Week 4 we had our first extended year meetings where each year participated in a session organised by their Year Advisers.

Year 7 – Camp organisation
Year 8 – FreshEd talk – Skincare/Sun smart
Year 9 – Team building
Year 10 – Police talk – Safe Celebrating
Year 11 – BOSTES confirmation
Year 12 – Managing the HSC

These sessions provided a fantastic opportunity for our students to hear from experts and be able to ask questions and seek a better understanding of relevant issues. Some students have provided their personal reflection on these sessions:

FreshEd – Skincare - By Diana Chin Quan Year 8

On Tuesday the 17th of February, FreshEd, a program that aims to provide us information on health topics, came to Asquith Girls. Year 8 was fortunate enough to have a guest speaker talk to us on how to take care of our skin carefully, especially at our age.

During this talk, we were able to recognize what causes acne and how to prevent it in our everyday life. Things like diet, stress (one of the major factors) and hormones greatly affect our acne. The guest speaker suggested all sorts of soaps and skincare products that can help us keep our skin healthy.

As well as this, we were also informed of sun protection. Nowadays, our skin is most at risk for melanoma as high school students. That is why it is most important for us to Slip on sun-protective clothing, Slop on SPF 30+ sunscreen, Slap on a hat, Seek shade and Slide on a pair of sunglasses. We also identified the any dangerous spots that could be signs of melanoma and what happens when you get it.

Overall, it was a great experience and reminded us the consequences of what happens if we don’t take care of our skin.

Safe Celebrating – By Laura Cook

At our last year meeting of Year 10 we were fortunate enough to have a talk given to us by the school’s police liaison officer Senior Constable Lynda Hart. The topic of the talk was on the importance of safe partying. It involved discussing legal rights and responsibilities and issues like underage alcohol consumption and prohibited drug use were raised.

Senior Constable Lynda Hart approached the topic in a straightforward but relatable way. It was great to see the girls getting engaged with the discussion and asking about the various duties of parents and caregivers when getting students safely to and from parties. As year 10 students this topic is very relevant to most of our cohort and was an extremely valuable session. On behalf of the year I would like to thank our Police Liaison Officer and Ms Horne, our year adviser for organising this talk.
In Week 5 was the 2015 Year 7 camp to Morriset. The girls were very well behaved and were a credit to our school. There were many who conquered fears, pushed themselves to their limits and many new friendships were formed. A thank you to the staff who accompanied Year 7 to this camp, Mr Lavy (Year Adviser), Ms Fowler (Assistant Year Adviser), Mr Fulwood, Ms Angus, Ms Kumar and Ms Green.

Also, a thank you to Mrs Ridley who assisted in bringing the Peer Support Leaders to join us at camp for the last two days. The Peer Support Leaders who attended, did a fantastic job and continued to build their relationships with the Year 7 students. Thank you to Lauren Wadling, Breeanna Vosper, Rebecca Rogers, Amelia Dodd, Maddison Turner, Mikayla Riolino, Phillipa West, Emma Liddlelow.

Reflections from two Year 7 students – Lily Evans & Skye Hoschke

My experience on the 2015 year seven camp is something will stay with me for life. The once in a life time activities like the giant swing and flying fox were such fun! However, my favorite thing by far was making friends with people and becoming even closer with my friends I already had. In my cabin, I had 11 of my friends with me which was great. But, in my day group I only knew a couple of people. This was great because through all of the activities I got to know everyone in my group a lot better. I can be very shy with other kids, but something was different on camp, I felt like I could talk to new people.

My favourite activity was Mud world. It was awesome! We got to crawl through pipes, climb monkey bars over ice cold mud and slide down super steep and bumpy slides into mud pools! The only downside is that I am still trying to wash mud out of my hair.

I think I can speak for all of year 7 when I say that even though we are all quite tired, we had the times of our lives!

By Lily Evans

Skye's reflection is a sonnet written for her English class who are composing poems in English:

One day when I went on our fun school camp
With friends I formed some very strong friendships
We built rafts in teams and our clothes got damp
Some rafts were so good they looked like big ships
We went to mud world and rolled in the mud
We got so dirty, we were just like pigs
I had a ball with my favourite best buds
In the mud bath there were a lot of twigs
The food was great and extremely tasty
Every day there were new meals to choose from
There were options including great pastry
These were served by a tall man they called Tom
Overall the camp was really quite fun
The camp was so good it can’t be outdone

By Skye Hoschke
Managing the HSC – By Ellie Summerson

The stress reduction workshop presented by our school counsellor, Ms Meehan, was an effective guiding tool for completing the Year 12 HSC process.

The presentation gave useful tips and information based on stress relief, study techniques, learning styles and creating study timetables. The stress relief section was a significant aspect of the presentation as it provided useful information in regards to dealing with continuous amounts of school work, as well as assessments, work life and other life stresses.

Some advice included; ensuring there is a general balance between social life and education/studying, aiming to get 8 hours + sleep, eating a healthy, well balanced diet, exercising at every day and talking about any stresses or concerns with friends and family.

Ms Meehan highlighted the importance of knowing your learning style (eg.visual, auditory, kinaesthetic) and how this can enhance your study abilities and techniques. As a year group we also went through time management strategies and goal setting.

Overall the presentation was successful as it engaged both the students and teachers and some teacher even discussed and shared their personal high school study techniques and learning styles. Coming up in week 8 we have been lucky enough to be selected by the Honourable Matt Kean MP for Hornsby to have some of our students watch CONNECTED – The Cyber Bullying Musical. We are committed to ensuring our students and parents feel confident in the decisions they make in interacting online. To continue to build that confidence, we encourage parents and students to access the numerous resources available online, such as those available at https://www.police.qld.gov.au/programs/cscp/personalSafety/children/childProtection/

There are a number of opportunities for parents to participate in community seminars covering a range of relevant issues:

There is a free seminar “Parent Survival Strategies for Teaching Young Drivers” for parents and their young drivers, organised by the Ku-ring-gai Police and Community Safety Committee which will be held:

On: Monday 16 March 2015
At: 6:00pm for 6:30pm till 8:00pm

There are also a number of Parent Forums organised by Ku-ring-gai Council and Ku-ring-gai Youth Development Service (KYDS):

Monday 23 March – 5 Strategies for talking with your teenager
Tuesday 5 May – Online gaming and the internet – when to unplug
Monday 15 June – Training the Black Dog – Help your teenager deal with hard times
Monday 3 August – Anxiety and Adolescence
Monday 14 September – Drugs and Alcohol – Pushing the limits

These forums have a $5 entry fee and are held from 6:30pm – 8:30pm at Ku-ring-gai Council Chambers – Level 3, 818 Pacific Highway, Gordon. Bookings are required for these forums and can be made by either calling KYDS on 9424 0837 or emailing youth@kmc.nsw.gov.au. If you would like further information about these forums, please contact KYDS on 9416 9824 or visit www.kyds.org.au

Another relevant service is the “Coolkids and Adolescent Health Program” – helping distressed children & adolescents suffering from somatic health complaints (including recurring headaches, stomach-aches etc). This program is designed to specifically help children learn how to concurrently cope and manage their somatic symptoms as well as learn stress management skills. Designed for children aged 7 – 17 who are experiencing recurring somatic health complaints for at least 3 months (and which a GP or medical specialist has confirmed that the symptoms are medically benign). Interested families will be invited to attend a screening assessment to determine eligibility. For more information, please contact Assoc. Professor Kangas (email: maria.kangas@mq.edu.au) or telephone (02) 9850 4082.

Carly Jelfs

Relieving Head Teacher Female Students
Term 1 in the TAS faculty has been off to a very **productive** start.

**Year 9 Food Technology** has been exploring the development of technology in the changing Australian food industry.

Their first practical lesson was a **Beef Wrap** to help reacquaint them with hygiene and safety protocols in the AGHS kitchens.

**Year 10 Food Technology** is investigating current trends in Australian cuisine.

They are focusing on food styling and presentation. As evidenced by their very appealing 'plating up' of **Thai Sausage Rolls**.

**Year 8 Technology Mandatory** is made up of two units of work. One unit is called **Inspired by Me** and is all about colour theory and Shibori dyeing techniques. The end result should be a very colourful pair of boxer shorts.

As you can see from their exploration of colour and pattern, they are well on their way to producing very individual and unique boxer shorts.
Congratulations to Ruby Dashwood and Erin Yelland of Year 10 for successfully auditioning for the NSW State Senior Dance Ensemble!!! This is the elite dance performance ensemble for New South Wales and we are extremely proud of both of you!

Members of the Elective Dance Companies are attending the Sydney North Public Schools 2015 Senoir Dance Workshops; a 2 day program with some of Australia’s leading dance artists; Kay Armstrong, Jason Winters, Peta Strachan and Debbie Ellis!

Elective Dance students have the opportunity to attend a special double bill performance from two acclaimed choreographers: ‘Quinett’ by living legend William Forsyth and ‘Frame of Mind’ by Rafael Bonachela on Wednesday 18th March. This special school matinee includes a Q & A session with the Sydney Dance Company dancers and Artistic Director Rafael Bonachela.

Career Department Information

Research has shown that parents can have a significant influence in the career planning of their children. In fact the research indicates that parents are the most influential factor. Many parents however feel under prepared for this task due to the complex nature of careers, tertiary and vocational education and the changing nature of work.

At Asquith Girls High School, students and parents have access to 3 websites specifically designed to enhance careers research and exploration.

Firstly, a site specifically targeting Year 10s and seniors is www.mhscareers.com. A feature of this site is the weekly emailed newsletter. This is emailed to all senior students every week by the careers adviser. Parents can also sign up to receive this newsletter.

To access the site parents and carers need to Google mhscareers in parent and use the password “14cairns”. If you click on to “Contact Us” and complete the details (put parent and NSW in the comment box) then you will receive the weekly email alerts.

A second site called jobjump (www.jobjump.com.au) is a useful site for careers research and includes some excellent tertiary institutions information. Students can select from 110 careers and receive emails about activities involving those careers. It also has careers quizzes, ATAR, TAFE and GAP year information. This site is used in Year 10 careers lessons. The password for entry into this site is “eagle”.

The third site is called Careersworks (www.careersworks.com). This is a very useful site for locating careers information and enables users to access all areas of careers investigation through the use of colourful icons. Currently there is no password for this site.

These 3 sites should prove very useful to both parents and students throughout this year.

Eric Sekula Careers Adviser,
MUSIC NEWS!

MUSIC CAMP
Organisation for the 2015 Music Camp is now underway and will involve all students in the Wind Ensemble, Concert Band, Stage Band, Vocal Ensemble and Junior Choir. Information regarding the Music Camp was emailed directly to parents, however, if you did not receive this information, please contact Mrs Manton at alex.manton@det.nsw.edu.au.

The three day camp will be held at Galston Crusader’s Centre and students will have the opportunity to participate in a variety of musically rich activities including rehearsals, sectionals, tutorials with professional tutors and a dance workshop with our dance teacher Miss Eastley. Music Camp will also include a variety of social activities throughout the camp which are run by our fantastic Year 12 students.

I look forward to your daughter’s involvement in Music Camp. If you have questions regarding camp, please email Mrs Manton.

MUSIC ENSEMBLE FEES
All members of the extracurricular music ensembles including Wind Ensemble, Concert Band, Stage Band, Vocal Ensemble and Junior Choir are reminded that payment for Term 1 is now due. Please pay your fees to the front office. Fees are as follows:

<table>
<thead>
<tr>
<th>Ensemble</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Membership for Wind Ensemble, Concert Band or Stage Band</td>
<td>$75 per term</td>
</tr>
<tr>
<td>Additional Membership for either Wind Ensemble, Concert Band or Stage Band</td>
<td>$25 per term</td>
</tr>
<tr>
<td>Vocal Group or Junior Choir</td>
<td>$35 per term</td>
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Donation to Hornsby Women's Shelter

In December 2014 the Year 9 Commerce class held a Market Day as part of their studies to raise money for the local women’s shelter in Hornsby. The stalls included sponge throwing, palm reading, Polaroid pictures and trash’n’treasure. It was a big success and raised $1015. The students worked together to make the day a success, but a huge thanks is also due to Ms M Tutty, the class teacher, for helping the class accomplish their goal and help support our local community.

On Tuesday 24 February, a cheque was presented to Mr Dick Babb, treasurer of the shelter, at the Welfare Assembly. Mr Babb thanked the class for their generous donation which would be very useful for the new shelter. He also spoke about how important awareness of domestic violence was and that the students should remember that they now had a safe place nearby if they ever needed it.
LOTE - Exciting French News!

1. **French teaching assistant** - We are delighted to have been successful in our application for a French teaching assistant at Asquith, Madame Vignas, for terms one and two of this year. Our lovely assistant spends 3 days a week helping the French teachers and students to have an enriching experience in French.

We asked her to introduce herself and this is what she said:

My name is Virginie Vignas and I am a French teacher from the West of France. Before I came to Sydney I was teaching English as a second language to French students. Up until now, my experience in Australia has been really amazing and I am finding teaching at AGHS enriching and lots of fun. I would love to speak to any students who have any questions about France and the French language, so don't hesitate to come and see me! I would be delighted to help. See you soon!

Je m'appelle Virginie Vignas, je suis professeur de français, arrivant de l'ouest de la France. Avant de venir à Sydney, j'enseignais l’anglais comme deuxième langue à des collégiens français. Jusqu’à maintenant, mon expérience en Australie est vraiment géniale et enseigner au lycée d’Asquith est super et très enrichissant. Je suis disponible pour les étudiantes, donc si vous avez des questions sur la France, n'hésitez pas à venir me voir! Je serais ravie de vous aider. A bientot!

2. **FROGS - FRench Oh Great Superb!** (French homework support group)

Need some help with French or just have a question? We are delighted to announce a weekly support lesson on **Wednesday** in the **library** from **3pm - 4 pm** with Madame Vignas only for Terms 1 and 2 so come and make the most of it. Tout le monde est le bienvenu - all welcome Years 7-12

3. **French Film Club** - lunchtime on **Wednesday’s** in **Room 7** starting in week 6, 4th March. Bring your lunch. Ça va être cool! It's going to be fun. First film is **La Reine des Neiges** (Frozen). Venez nombreux! Come one, come all!

**Travel News!**

1. **Visiting Japanese Students** - The Asquith community will be hosting students from Ritsumei, Moriyama from 4th to 13th March. Both the girls and the boys schools will be hosting 17 students each. This has meant a large number of families will be welcoming Japanese students into their homes and enjoying the experience.

2. **Tour of Japan** - The LOTE faculty continue to bring the local and global community together with preparations for a combined ABHS and AGHS trip to Japan in the April school holidays.

**Online Learning!**

2015 - Asquith Girls HS - developing high achieving young women who are responsible and independent leaders and learners
City of Ryde

Attention: Parents / carers of Learner drivers

Do you want to help your Learner driver?

As young people approach driving age, it is important that they and their parents/carers are aware of what is expected of a Learner driver, and how to achieve the 100 supervised driving hours in their logbook.

In conjunction with the Roads and Maritime Service (RMS), the City of Ryde is holding a free two-hour workshop on the evening of Tuesday 10 March 2015.

This workshop offers practical advice and information to parents/carers on how to help Learner drivers become safer drivers. We also recommend that the Learner driver attend.

This workshop will provide information about:

- The Safer Drivers Course
- Understanding the Graduated Licensing Scheme and the current Learner and P licence holder requirements
- Handy hints for completing the learner driving book
- Understanding the benefits of supervised renewal driving experience
- Tips for supervising Learner drivers
-反馈 of hall session

The workshop details are:

Date: Tuesday 10 March 2015
Time: 6:30pm to 8:30pm
Location: Aquariadome, Level 3a (above Ryde Library)
Address: 1 Argus St, Ryde - at Top Ryde City shopping centre
(3 hours free parking available)
Cost: FREE
Bookings: 9652 8222

Please note that bookings are essential as places are limited.

For more information on this workshop, contact Council's Road & Community Safety Project Officer on 9652 8222 or roadandtraffic@cityofryde.nsw.gov.au

2015 - Asquith Girls HS - developing high achieving young women who are responsible and independent leaders and learners
NSW SCHOOL IMMUNISATION PROGRAM

Each year NSW Ministry of Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school based vaccination program.

In 2015 the following vaccines will be offered:

- **Varicella (Chickenpox) vaccine** - 1 dose for all Year 7 students who have not previously received Varicella vaccine or had chickenpox disease.

- **Diphtheria, tetanus and pertussis (whooping cough) vaccine** - 1 booster dose. This dose was previously recommended at 15 years of age. Your child will only be offered this vaccine in Year 7.

- **HPV vaccine (Human Papillomavirus)** - a 3 dose course.

- **MMR (Measles, Mumps and Rubella)** for Year 12 who missed any doses as an infant.

Doctors recommend vaccination against HPV to prevent cervical and other cancers. Vaccination of all Year 7 students (& Year 9 boys only) is ideal because the immune system gives a strong response to vaccines at this age.

**Parent Information Kits** have been sent home to Year 7 parents/guardians in week 3 and should be back already. Year 12 received them in week 6 and need to be returned by Wednesday 20th May to Learning Support Room.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the Consent Form, as this is required to record the student's information on the National HPV Register and for female students only, link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents / guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this record of Vaccination.

Immunisation Coordinator

Tanja Green
Northern Sydney Public Health Unit
Adolescent School Vaccination Program

Asquith Girls High School
Vaccination Clinic Visits Schedule

4 March 2015
Year 7 Human Papillomavirus Vaccine (Dose 1)
Year 8 (catch-up) Human Papillomavirus Vaccine

20 May 2015
Year 7 Human Papillomavirus Vaccine (Dose 2)
Year 8 (catch-up) Human Papillomavirus Vaccine
Year 7 Diphtheria-Tetanus-Pertussis
Year 12 MMR Catch-Up

16 September 2015
Year 7 Human Papillomavirus Vaccine (Dose 3)
Year 8 (catch-up) Human Papillomavirus Vaccine
Year 7 Chicken Pox
2014-2015 Family Energy Rebate

Apply before Midnight 16 June 2015

$150* TOWARDS ENERGY BILLS

WHAT IS THE FAMILY ENERGY REBATE?

The Family Energy Rebate helps to cover the cost of energy bills for NSW households with dependent children. In 2014-2015 the rebate gives:

- Up to $150 credit on electricity bills for eligible applicants who hold an account with an electricity retailer
- Up to $165 direct payment to nominated bank accounts for eligible applicants who live in a residential community (caravan or mobile home park) and receive electricity from the park operator.

AM I ELIGIBLE FOR THE REBATE?

To be eligible you MUST:

- Be a NSW resident; and
- Have been assessed by the Federal Department of Human Services (DHS) as being eligible for the Family Tax Benefit (FTB) A or B at any time during the 2013-2014 financial year, and have received an FTB payment in respect of that eligibility; and
- Be an account holder of an electricity retailer, or a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.

WHAT DO I NEED TO DO BEFORE I APPLY?

Before you apply, here’s a quick checklist. Have you:

- Lodged your tax return for 2013-2014 with the Australian Taxation Office or informed the Department of Human Services (DHS) if you are not required to lodge a tax return?
- Received confirmation from DHS as to your eligibility for Family Tax Benefit A or B for 2013-2014?

HOW TO APPLY

- ONLINE – it takes just two minutes to submit an application. Processing starts immediately.
- PAPER – download a form from the website, complete and submit by email, fax or post. Use this form if you receive your electricity from the operator of the residential community where you live.

FOR MORE INFORMATION & ASSISTANCE

PHONE Service NSW 13 77 88
EMAIL fer.program@trade.nsw.gov.au

2015 - Asquith Girls HS - developing high achieving young women who are responsible and independent leaders and learners
BENEDICTINE MONASTERY ARCADIA

50TH ANNUAL COUNTRY FAIR

proudly supported by Castle Hill RSL Club 77 Castle St, Castle Hill (02) 9653 4000

MAJOR RAFFLE PRIZES
1st: $800 shopping voucher
2nd: $400 weekend away
3rd: $100 dinner for 2

- Plants
- Sweets
- BBQ
- Choc. Wheel
- Cakes
- Fancy Goods
- Heaps of kids stuff
- Raffles
- White Elephant
- Hot/Cold Drinks
- Farm Produce
- Jumping Castle
- Face Painting
- Merry-go-round
- Tours of the Monastery

8th March 2015
121 Arcadia Road, Arcadia
(02) 9653 1159

Go Overseas Host an Exchange Student with WEP

Applications are now open for WEP student exchange programs commencing from July 2015 onwards.

Imagine:
- Hopping on a yellow school bus and dressing up in preparation for Friday night football games
- Making friends with people from all corners of the world
- Becoming a member of an overseas host family

We are now looking for welcoming volunteer host families for our exchange students due to arrive in July 2015 for a semester or year.

Imagine:
- Having a photo taken and sent overseas of a meal you have prepared, because it looks so different!
- Knowing someone who is amazed that we can travel for hours and still be in the same state of one country!

Find Out More
Request a FREE Information pack for your family today!
www.wep.org.au 1300 884 733 info@wep.org.au

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