Our Mission Statement: ‘To nurture personal best and global citizenship in every student by providing a safe and vibrant learning environment with inspiring teaching’

May 2015

Principals newsletter

Welcome to Term 2 and I hope the severe weather conditions had minimum impact on your family.

A year ago I informed you of our Community Forum ‘Vision 2020’. Your response to this call and your contribution since then is to be commended. As community partners we have worked solidly, reflecting and reforming our practices to ensure we provide the best educational environment for all.

The major outcome of the Community Forum ‘Vision 2020’ was:

- The development of our 3 Strategic Directions that constitute the AGHS School Plan 2015-2017 and beyond.
- Setting clear objectives to meet our strategic goals.
- The committed engagement of all stakeholders in delivering improved student outcomes.
- Commitment to teacher professional growth so that outstanding teachers and best practices are evident in every classroom.
- To develop flexible learning environments that reflect and support 21st Century teaching and learning
- To effectively communicate and celebrate our school’s success.

The School Plan has been presented to staff and students and I will also be presenting the School Plan and Annual School Report to the P&C on Wednesday 13 May 2015. I encourage you to be part of this presentation.

The School Plan and the Annual School Report will be available on the school’s website, www.asquithgir.h.schools.nsw.edu.au from 1 May 2015. If parents/caregivers wish to receive a printed copy please contact the school.

ANZAC Day Ceremony

As a school community we have clearly articulated the importance of remembering those who sacrificed their lives defending our country and our values. Our freedom and liberty we owe to them.

Lest We Forget

Congratulations to all students and the ANZAC Day Team for a well planned ceremony. A special thank you to Ms Somerville for coordinating the assembly. It was the best ceremony AGHS has seen to-date. I would like to thank our families and community members for their presence and support.

Congratulations to:
Laura Cook, Year 10 and Annika Reynolds, Year 11. The students were nominated for Youth Members for Hornsby in the 2015 NSW YMCA Youth Parliament Program and both were elected to be Ministers of their respective Committees. Laura will have an opportunity to fight for the rights of indigenous youth in the Juvenile Justice Committee, whilst Annika will address the role youth have in influencing government policy in the Citizenship and Communities Committee. They assured us that they have been working hard all year, designing their pieces of legislation and consulting members of the community. Both are eager to debate their Acts in State Parliament in July and they hope to make a real change.


Year 10 and 11 Mock Trial Team who won against the team from Hornsby Girls. We won the case and the mock trial. It was a civil case for negligence. Thank you to Ms Jelfs and Mr Robinson for their support and guidance.

Well done all. We are proud of you!
School reports
Year 11 and 12 reports are being finalised. It is important for students to reflect upon their performance, seek support from their teachers and set realistic goals for the remainder of their Preliminary year and HSC respectively. To support students manage their studies and achieve their best, our school runs the After School Study Centre. Teachers are available on designated afternoons to assist students with their learning. It is a wonderful opportunity to catch up on work or to seek help on one-to-one basis.

Curriculum Interviews
All Year 11 and 12 students will have interviews with the senior executive and other school personnel. The purpose of these interviews is to identify any areas of study that the girls need to be supported in to further improve their results. Year 12 HSC Trials start in week 8 Term 2.

NAPLAN May 12 to May 14.
Parents/Caregivers and students have received written notification in relation to NAPLAN 2015. Best wishes to all Year 7 and Year 9 students. Further information on NAPLAN 2015 click the links below.
http://www.nap.edu.au/naplan/the-tests.html

Staff Changes
We welcome our new staff. Mr Bill Cohen, Teacher Librarian; Mr Paul Devonshire, Head Teacher Science; Ms Min Fang, Teacher Science; and Ms Claire Recznierek, Teacher English. I would also like to take this opportunity to congratulate Ms Rebecca Smith for her promotion Head Teacher English. We wish Ms Smith every professional success.

Upgrading school facilities
The canteen toilet refurbishment started during the school holidays. It is taking longer than anticipated but the final product will be amazing. The total cost will be close to $80 000. We will post pictures upon completion.

School Café.
The facility is almost ready and it looks fantastic. We have created a learning space outside the café for students to be able to put the theory into practice.

Storm Damage
The severe weather conditions have damaged the outdoor covered area near the canteen. As the current structure does not comply with the DEC specifications it has to be removed. I have submitted this as an insurance claim and I am awaiting a response. Re-covering the area with a structure meeting current DEC specifications may need as much as $200 000, a sum which is not readily available. Regretfully, we need to acknowledge that there is going to be one less covered area to protect the girls from the elements, especially during the summer months. If anyone has any alternate solution to propose, I will be more than happy to discuss it. This matter will be further discussed at the next P&C meeting.

We are also waiting for a tree to be removed from the playground. The area has been secured and will remain so until the tree has been removed. We are now in the process of organising its removal.

Senior Courses 2016
Year 10 students will soon be involved in choosing their Year 11 courses. We are in the process of reviewing our current communication processes to support correct course choice. It is important for Year 10 students to start having discussions with the Careers Adviser, their teachers, Year 11 and 12 students and their family. Course information can be found on the BOSTES site: http://www.boardofstudies.nsw.edu.au

I look forward to working with you as we continue to improve our learning journey to the benefit of our students and our learning community.

Should you wish to discuss any aspect of your daughter’s education do not hesitate to contact us; it is imperative that you do.

Best wishes for Term 2,

Elizabeth Amvrazis
Principal
The 11th Annual International Women’s Day Breakfast was held on 5 March at Asquith Girls High School (AGHS). 2015 marks the 12th year that AGHS has supported our sister school Abdara Girls, in Panjshir Valley, Afghanistan through Mahboba’s Promise. International Women’s Day is a global day which celebrates the economic, political and social achievements of women past, present and future.

This year, the theme was “Make It Happen” and the Breakfast was organised by Dr K. Ganeson and her team. The Social Justice Team hosted the program for the day with the assistance of the Leadership Team, with breakfast catered by Year 11 Hospitality and set up by Business Services students from Years 9 to 11. We were entertained by the Year 10 and 11 Music students. This year the Breakfast had over 240 attendees and raised just over $4000 for Mahboba’s Promise.

It is vital for young girls to learn how women have changed not only their own worlds, but broader society. They inspire us to strive for continual progress with their tales of battling against prejudice and inequality to help the good of humanity.

We were honoured this year to have Dr K. Needham attend our celebration. As Principal of AGHS from 2003-2008, Dr Needham initiated the International Women’s Day Breakfast at AGHS and the connection with Mahboba’s Promise. By being the first Principal to establish this charity breakfast, Dr Needham provided the entire AGHS community with the exceptional opportunity of making a difference in the lives of the girls at our sister school in Afghanistan, Abdara Girls School in Panjshir Valley.

We were also fortunate enough to have Mahboba Rawi, founder of Mahboba’s Promise, attend our Breakfast. Mahboba works tirelessly to provide the girls in Panjshir Valley with an education which will benefit them for the rest of their lives. Mahboba was the first to build a school in Panjshir Valley and, to date, has built twelve more in the region.

We were honoured this year to have two extremely empowering guest speakers, Alex Bellamy and Elizabeth Mulhall. Alex is an ex-student of AGHS, who now works for Mahboba’s Promise whilst studying, and she spoke of her belief in education being the key to equality. Elizabeth works for the United Nations Commissioner for Refugees and revealed the staggering stories of young female refugees that do not have the same access to education as we do. Both speakers were truly awe inspiring in how they were contributing to making change happen.

We would like to thank all our guests for attending and supporting our charity event and the companies that sponsored our breakfast. Our guests comprised of Hornsby Mayor the Honourable Steve Russell, Mr Matt Kean, MP Member for Hornsby, staff and students both past and present, parents, and representatives from Hornsby North Public School, Asquith Boys High School, Normanhurst Boys High School, Cherrybrook Technology High School, Auburn Girls High School and Hornsby Girls High School. We would also like to thank all the teachers and students who put in so much hard work to organise the event, as without their diligence, the International Women’s Day Breakfast would not be such a tremendous annual event.

As part of IWD celebration, two Prefects and two members of staff – Erin Hitchcock, Ying Ying Zhang, Ms Ebrahimi and Dr Ganeson - attended the International Women’s Day Breakfast at Auburn Girls High School on Friday 6 March, another wonderful event promoting the commitment to young girls education and their achievements.
Radio Station Interview
As a part of our International Women’s Day Breakfast celebrations, representative from the Social Justice Team were invited to a radio segment on the local radio station, Triple H 100.1 FM.

The segment was hosted by Lucy Dahill from ‘In the Loop with Lucy’ and featured various discussions on what it’s like growing up as a young woman in today’s society. It was amazing to be able to get passionate about the issues that affect young women with other women and create an atmosphere for change.

The issues we discussed included the negativity surrounding make up, positive female role models, sexism in the media and also how far women have come to get where we are today and how far we still have to go.

As leaders of the Social Justice Team, we were very excited to get a section to discuss the International Women’s Day Breakfast at AGHS and also Mahboba’s Promise.

On behalf of the Social Justice Team, we would like to thank Lucy for having us as well as Ms Jelfs, Ms Ebrahimi and Dr Ganeson who organised for us to attend.

International Women’s Day Assembly
The Social Justice Assembly was held on 24 March and allowed for the Social Justice Team to showcase what we had been doing. Our latest event had been International Women’s Day and it was amazing to be able to share with the school how much of an inspiring cause Mahboba’s Promise is and how we’ve been able to raise over $4000 for the foundation this year through hosting the International Women’s Day Breakfast.

We encouraged the school to realise how great an opportunity education is and how everyone in the world, no matter what race, gender, sexual orientation or nationality, should have access to it. This was reiterated by our special guest, Mahboba Rawi, founder of Mahboba’s Promise, who attended our assembly. She spoke of how thankful she was for us supporting our sister school in Afghanistan continuously and how we are making it happen for these girls.

We also had a speech from two Senior Social Justice Members, Annika Reynolds and Jesper Ha, who encouraged the girls to think of what feminism truly means without the negative connotations attached to it by society. The girls also raised awareness of statistics that include women from wealthy, first world countries, such as Australia, that are still facing gender divisions.

I would like to thank the entire Social Justice Team for their hard work and effort as well as Ms Ebrahimi, as without their dedication behind the scenes, we would never get to experience making a change in the world.

By the Social Justice Prefects
Erin Hitchcock
Ying Ying Zhang
Zeo Underwood
P&C NEWS

President’s Report May 2015

Our band night on 21 March was absolutely wonderful! Attendance was a little fewer than we would have hoped for, but those who were there were treated to a wonderful show and a great evening. Our DJ had us primed for the evening, and the two bands were very professional and performed superbly. Gorgeous George was an excellent opening act, the vocals powerful and pure. Between acts we had our DJ spinning some tunes, and some light entertainment, then we were treated to a series of great covers by Barley Belly. Plenty of us were up and dancing to the wonderful mix of artists, and the evening closed out with another DJ set, with all having had a great time. We agreed the concept is a great idea with plenty of potential and we should have this event at least annually. If you thought about going, and declined, you missed a great time. Don’t miss your chance when we have another band night!

The next few months are a bit quieter in terms of the P&C organising and co-ordinating functions, but we have plenty to contend with, supporting the school, and discussing and deciding future plans and ideas. These upcoming meetings are a great opportunity for you to become involved in your P&C and help to guide the policies and directions in our support of the school.

Our next meeting is on Wednesday 13 May. Please come along and join us to see where you can contribute to your daughters’ education and get involved in serving our school community to the benefit of all.

Michael Ficker, P&C President
Email: President@AGHSPandC.org.au
Web: www.AGHSPandC.org.au

<table>
<thead>
<tr>
<th>IMPORTANT DATES TO REMEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>P &amp; C Meeting 7.30pm</td>
</tr>
<tr>
<td>NAPLAN</td>
</tr>
<tr>
<td>AGHS/ABHS Disco</td>
</tr>
</tbody>
</table>

AGHS D+C uniform shop
open Mondays 8-9am

we sell:
- new cooking aprons + caps $12
- new school caps $15
- new poly-cotton jumpers $60
- some new sport items - track pants, XL shirts + jackets

also selling second-hand:
uniforms, sports gear, aprons, caps, jumpers, etc.

please bring in your unused uniforms!
(we really need more stock for orientation day)

we need 2nd hand uniforms!
in good condition
for resale at uniform shop
as well as for orientation day

donations can be left at school reception
if uniform shop unattended
Netball Knockout Update

On Tuesday 10 March, Asquith Girls Senior Netball Knockout team competed in the Secondary Schools Sport Netball Knockout Competition for Northern Sydney district in Gosford. Team members pictured here included: Nicole Hutchins, Charley Clements, Gabbi Brown, Mikaela Riolino, Tiana Hazlewood, Rose Koellner, Rebecca Rogers, Annabelle Rogers, and Emma Brady. The team is coached by Ms Angus.

The first game (round 2) was against Pennant Hills High School. This was an extremely physical game, with very tough and close competition between both schools. The team played extremely well and won 20-21, successfully advancing to the third round of competition, the furthest AGHS has achieved.

In the third round of competition, AGHS played again North Lakes High School. This again was a close game and North Lakes proved to be tough competition. The team demonstrated fantastic skill but unfortunately lost 27-32.

Overall, it was a great day and the AGHS team demonstrated determination and skill to achieve an impressive overall result. A big thank you goes to the parents who helped with driving the team to the competition and for their cheering and support on the day.

Ms Angus

EARTH HOUR 2015

On Friday 27 March, the Environment Team organised some activities to mark Earth Hour, a time to think about actions to help sustain the global environment for future generations. The team decided to get students involved in creating a symbol of their involvement in making a better world.

Two students painted the trunk and branches of a tree on a canvas and students had the opportunity to place a hand print to make the ‘leaves’ of the tree. Donations could also be made to help fund the activities of the Environment Team.

As well, the team asked teachers to not use any electricity during Period 5. Students had no problem with the lack of lights or computers, but missed the fans and air-conditioning they have become used to.
Applying for a Tax File Number

Students need a Tax File Number when they start a job. They also often need one when they start a tertiary education course and apply for HECs or Fee Help. It is also required by financial institutions if you don’t want to pay Withholding Tax.

Up until the end of 2014, students could apply for a Tax File Number through the school. The school verified the identity of the student using information collected during enrolment. However, this service was terminated at the end of 2014. The following is some information from the Australian Tax Office in regard to Tax File Numbers.

Why was the program terminated?
The Australian Government is strengthening proof of identity (POI) processes through a standardised national approach for government agencies. The Secondary Schools TFN program does not comply with these guidelines which require sighting and verification of original proof of identity documents.

How can students apply for a TFN?
Applying online and presenting POI documents at a participating Australia Post Office is the fastest and most convenient way for students to get a TFN. More information on applying online can be found at ato.gov.au by searching for ‘QC27248’

Students who are unable to visit a participating Australia Post office will need to complete the application form Tax file number - application or enquiry for individuals form (NAT 1432). More information about lodging this form can be found at ato.gov.au by searching for ‘QC22604’

You need to make an interview with the Post Office, you cannot generally just attend. The nearest participating Post Office to Asquith is Hornsby Westfield. The next closest are in Gosford, Gordon and Dural. It is strongly advised that you apply for a TFN well ahead of when you need one. The Hornsby Post Office is already very busy and will only become busier as more students use it to obtain their TFN.

Mr Borri

Maths On Thursday
A quiet place to complete your Maths homework
Get help from a Maths teacher
Available for Years 7-10
In the Library every Thursday 3:10pm-4:15pm
See you there … Bring a friend
National Assessment Program – Literacy and Numeracy 2015

LETTER TO PARENTS

In May 2015 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child’s level of achievement. Each student's level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student’s right to privacy is maintained.

The NAPLAN tests will be conducted from 12-14 May 2015.

<table>
<thead>
<tr>
<th>TUESDAY 12 MAY</th>
<th>WEDNESDAY 13 MAY</th>
<th>THURSDAY 14 MAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language Conventions (Spelling, Punctuation and Grammar)</td>
<td>Reading</td>
<td>Numeracy</td>
</tr>
<tr>
<td>Writing</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 15 May – A ‘catch-up’ day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:

- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student's normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the Principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child's participation in NAPLAN.

Additional information about NAPLAN can be found at [www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html](http://www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html).

2015 - Asquith Girls High School Newsletter
On Monday the 9 March, the prefect team kicked off Spirit Week by decorating the corridors with streamers, balloons and posters, surprising the younger years as they entered the school. Musical bells played between each class and the daily "spirit stick" was hidden, with only a mysterious riddle to help students find its location.

The theme for the first day was Marvel Monday and teachers dressed up accordingly in superhero attire.

On Tribal Tuesday songs from ‘The Lion King’ flooded the school and prefects ran a dancing and cheering competition between the year groups.

The SRC stole the show on Tie Dye Wednesday selling handmade Tie Dye T-shirts at lunch and running their highly successful sunflower drive, handing out flowers and messages that students had written for their friends.

Throwback Thursday saw some wild 80’s inspired eye shadow from a few of the staff and multiple Instagram posts of baby photos. A few teachers even enthusiastically dressed in the AGHS uniform, reliving their high school experiences. Creative Arts prefects played a few of the favourite tracks from our childhood at lunch where an Asquith Girls prefect tea, played an Asquith Boys prefect tea at a game of Aus-tag.

Flower Power Friday finished the fantastic week off with a bang; students dressed up in mufti in exchange for a gold coin donation. The girls took the opportunity to dress as any of the themes throughout the week and we saw a few creative combinations of themes. At lunch a skipping session had been planned but unfortunately due to wet weather it had to be postponed. However, 2015 spirit week was a very exciting week for the whole school and definitely showed the outstanding spirit and unity our school has all year round.

Lauren Crowther, Isabel Burcher, Tara Peirce – Media and Events Prefects
**Band Camp**  
The annual school band camp is on from 29 April to 1 May. We hope all students and staff involved have a fantastically creative experience. Thank you in advance to the tutors and parent helpers – we could not do this without you.

**Melbourne Excursion**  
There are 27 lucky students and 3 teachers heading down to Melbourne on from 15 to 17 May to experience the Art and Design culture of Melbourne. This cross-curricular excursion with the TAS department is set to be a fantastic learning experience for all. Wishing you safe travels.

**Art Club**  
Art club is on again for the term on a Thursday afternoon from 3.15pm to 4.15pm. We welcome back our Art club enthusiasts and hope to see many new faces this term. Details are on the CAPA staff room door; alternatively you can direct your questions to Mr Baldwin.

**Dance**  
Best of luck to our Year 8 Dance ensemble and Elective companies on their upcoming Sydney North Dance Festival Auditions on Monday 27 April.

---

**PERFORMING ARTS NIGHT**

**Coming soon...**

**Save the date!**

**Friday 5 June at 7pm**
AGHS 50th Reunion

IT'S JUST OVER 50 YEARS SINCE WE LEFT SCHOOL - A FEW OF US GATHERED IN NOVEMBER LAST YEAR AND AGREED TO TRY TO FIND A FEW MORE FOR ANOTHER GATHERING IN MAY.

SO HERE GOES.............

Asquith Girls’ of 1964 Meet-up
From 4:00pm Saturday 2 May 2015 until late
at The Greengate Hotel Terrace Room, Pacific Highway, Killara
(We can get dinner there if we wish)

Contact: Margaret (Saber) Hogge - hogges10@bigpond.com or 0419 257 605
Please pass this on to anyone with whom you have contact then please report back to me with same, so I know that they know!

There is a Facebook Contact site at Asquith Girls High 1964
You might like to contact the Bluegum Hotel at 55 Pacific Hwy Waitara for reasonably priced accommodation - phone 9489 3220

Hoping to hear from you,
Margaret, Irene, Cheryl, Frances etc.

European piano studio offers
Piano and Guitar lessons
With professional musicians from Europe

Specializing in piano, classical, flamenco and bass guitar.
We have won a number of scholarships and competitions.
Our performances were recorded and broadcasted on radio. We have performed in some major concert halls in Australia and abroad. With 15 years of teaching experience we treat all our students as unique individuals. We believe that everyone has a gift and we try to bring the best out of all our students. Our students are regularly winning various competitions, scholarships and getting high marks

2015 - Asquith Girls High School Newsletter
Coming up this term we have the Year 9 and 11 camps. Year 9 will be going to Myuna Bay and Year 11 will be attending Point Wolstoncroft. Students received notes about these camps last term. If you have not received a note, please contact the relevant Year Advisers. The camps are a fantastic opportunity for the girls to participate in a variety of extra-curricular activities as well as to forge new friendships and strengthen existing ones.

In Week 8 of Term 1 we had our second extended year meetings for 2015:
- Year 7 – Team building & camp follow up
- Year 9 – Police Talk – Safe celebrating
- Year 11 – Camp organisation
- Year 12 – Administration focus – Formal organisation and Year 12 concert

Years 8 & 10 were given the opportunity (thanks to the Honourable Matt Kean MP for Hornsby) to watch CONNECTED – The Cyber Bullying Musical. This was an engaging educational experience for the students.

In Week 4 of Term 2, 2015 we have our next extended year meetings, which will be focused on:
- Year 7 – Bodythink
- Year 8 & 9 – Positive Psychology – Black Dog Institute
- Year 10 – No Arms No Legs documentary
- Year 11 – Prefect elections
- Year 12 – School Counsellor session and administration of information regarding Trial HSC.

For the parents/caregivers in our community there are some opportunities to participate in the following community seminars:

In conjunction with the Roads and Maritime Service (RMS), Hornsby Shire Council is holding a free two-hour workshop on the evening of Thursday 28 May, 2015 at the Hornsby Shire Council Chambers Building. This workshop offers practical advice and information to parents/carers and supervisors on how to help Learner drivers become safer drivers. The workshop will provide information about:
- Understanding the Graduated Licensing Scheme and the current laws of L and P licence holders.
- Completing the Learner driver log book.
- Understanding the benefits of supervised on-road driving experience.
- Supervising Learner drivers.
- Young Driver Issues.
- The Safer Drivers Course.

The workshop details are as follows:

- **Date:** Thursday 28 May, 2015
- **Time:** 6:30pm to 8:30pm
- **Location:** Hornsby Shire Council Chambers Building
- **Address:** 296 Peats Ferry Road, Hornsby.
- **Cost:** FREE
- **To Book:** Phone Council’s Road Safety Officer, Lesley Tipping on 9847 6856

Please note that bookings are essential as places are limited.

If you require further information regarding this workshop please contact Lesley via email at ltipping@hornsby.nsw.gov.au or directly on 9847 6856.
Also, the NSW Government Department of Health – Northern Sydney Local Health District are offering parent workshops in May and June of this year. Please see the attached flyer for more information.

Finally, there is the “School performance and your child’s mental health forum delivered in Mandarin”. Keynote speaker, Dr. Xiaoping Zhu, is a registered psychologist with 20 years experience, specialising in counselling for the Chinese community. There is also a Q&A session with experts including School Liaison Police from Kuring gai Local Area Command, School Counsellor from James Ruse Agricultural High School, etc.

Date: Thursday 30 April, 2015
Time: 6:00pm to 8:30pm (Registration and light refreshments at 5:30pm)
Location: Hornsby Shire Council Chambers Building
Address: 296 Peats Ferry Road, Hornsby.
Cost: FREE
To Book: Bookings essential at http://www.trybooking.com/GUOU
For enquiries contact Rita on (02) 9777 7992

ARE YOU A SINGLE PARENT?

Each week Single with Children provides fun and exciting social activities for single parents and their children.
(Many activities are subsidised or free)

It’s a great way to meet and get to know people in your area.

To find out more and get a FREE copy of our social calendar

Call 1300 300 496
or check out our web site: www.singlewithchildren.com.au

Student Wellbeing (cont)

Carly Jelfs
Relieving Head Teacher Female Students
NSW SCHOOL IMMUNISATION PROGRAM

Each year NSW Ministry of Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school based vaccination program.

In 2015 the following vaccines will be offered:

- Varicella (Chickenpox) vaccine - 1 dose for all Year 7 students who have not previously received Varicella vaccine or had chickenpox disease.
- Diphtheria, tetanus and pertussis (whooping cough) vaccine - 1 booster dose. This dose was previously recommended at 15 years of age. Your child will only be offered this vaccine in Year 7.
- HPV vaccine (Human Papillomavirus) - a 3 dose course.
- MMR (Measles, Mumps and Rubella) for Year 12 who missed any doses as an infant.

Doctors recommend vaccination against HPV to prevent cervical and other cancers. Vaccination of all Year 7 students (& Year 9 boys only) is ideal because the immune system gives a strong response to vaccines at this age.

_Parent Information Kits_ have been sent home to Year 7 parents/guardians in week 3 and should be back already. Year 12 received them in week 6 and need to be returned by Wednesday 20th May to Learning Support Room.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the Consent Form, as this is required to record the student’s information on the National HPV Register and for female students only, link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents / guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this record of Vaccination.

Tanja Green
Immunisation Coordinator
Northern Sydney Public Health Unit  
Adolescent School Vaccination Program  

Asquith Girls High School  
Vaccination Clinic Visits Schedule  

4 March 2015  
Year 7 Human Papillomavirus Vaccine (Dose 1)  
Year 8 (catch-up) Human Papillomavirus Vaccine  

20 May 2015  
Year 7 Human Papillomavirus Vaccine (Dose 2)  
Year 8 (catch-up) Human Papillomavirus Vaccine  
Year 7 Diphtheria-Tetanus-Pertussis  
Year 12 MMR Catch-Up  

16 September 2015  
Year 7 Human Papillomavirus Vaccine (Dose 3)  
Year 8 (catch-up) Human Papillomavirus Vaccine  
Year 7 Chicken Pox
ABHS P&C Trivia Night is only 3 weeks away, please get in contact with us to get your group / yourself a table for the night.

ABHS P&C contact email: abhscommunityfunday@gmail.com

In the ABHS School Hall.  7.00pm to get your table ready for a 7.30pm start.

- Cost $20 per person with 8 people maximum on each table.
- Bring your own snacks and refreshments (including alcohol if you would like). Tea and coffee will be available.
- Trivia questions (of course!!) Plus a raffle and some games to play. Make sure you bring along cash to join in the games, instant win and raffle.

Direct deposit: BSB 032-084 Account 12 0216 Details Trivia (surname)(year your boy is in if applicable)

Contact Name for the Table: ___________________________ Mobile: ___________________________

Or Contact Name for individual bookings: ___________________________ Mobile: ___________________________

Number of guests at your table: ______ How are you paying: ___________________________
Parenting Programs
Child & Adolescent Parenting

WHAT’S ON IN TERM 2 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Teens Course
- Skills to communicate with your teenagers so that you understand each other better & are able to build positive relationships.
- Understanding teenagers today & communication skills
- Emotional intelligence skills
- How to prevent behaviour problems & conflict resolution
  Chatswood 5 wks/2.5hrs  (13/5 - 10/6, 7.00-9.30pm)

Dealing with Teen’s Backchat Workshop
- Learn how to restore a respectful & positive relationship with your teenager
- Understand what it is like being a teenager today
- Learn how to talk so that they listen & how to listen so that they talk to you
  Chatswood (6/5, 7.00-9.30pm)

Tuning in to Kids Course - Chatswood (28/5 - 25/6)

Triple P Seminars- Chatswood (12/5, 19/5 & 26/5)

Communicating with Kids Workshop (based on PEP)- Chatswood (14/5)

WORKSHOPS ON REQUEST FOR PARENTS/CARERS OF TEENS - 9887 5830

- Dealing with Teen's Back Chat
- Transition to High School
- Triple P Seminar Series (Teens)
- Resilient Kids
- Bully Busting Workshop

OTHER WORKSHOPS ON REQUEST (2-2.5 hours)

- Understanding Your Toddler/ Discipline & Tantrums
- Tucker without Tantrums/Toilet Training
- Speech & Language Development/ Sleep
- Triple P (PPP) Seminar Series (1-12 years)
- Older Sibling - New Baby
- Transition to School
- Grand Parenting
- Communicating with Kids

Enquiries: Child & Adolescent Parenting 9887 5830
2014-2015 Family Energy Rebate

Apply before Midnight 16 June 2015

2 MINUTES TO FILL IN A FORM
* eligibility criteria apply

WHAT IS THE FAMILY ENERGY REBATE?
The Family Energy Rebate helps to cover the cost of energy bills for NSW households with dependent children. In 2014-2015 the rebate gives:

- Up to $150 credit on electricity bills for eligible applicants who hold an account with an electricity retailer
- Up to $165 direct payment to nominated bank accounts for eligible applicants who live in a residential community (caravan or mobile home park) and receive electricity from the park operator.

WHAT DO I NEED TO DO BEFORE I APPLY?
Before you apply, here’s a quick checklist. Have you:

- Lodged your tax return for 2013-2014 with the Australian Taxation Office or informed the Department of Human Services (DHS) if you are not required to lodge a tax return?
- Received confirmation from DHS as to your eligibility for Family Tax Benefit A or B for 2013-2014?

HOW TO APPLY

- ONLINE – it takes just two minutes to submit an application. Processing starts immediately.
- PAPER – download a form from the website, complete and submit by email, fax or post. Use this form if you receive your electricity from the operator of the residential community where you live.

AM I ELIGIBLE FOR THE REBATE?
To be eligible you MUST:

- Be a NSW resident; and
- Have been assessed by the Federal Department of Human Services (DHS) as being eligible for the Family Tax Benefit (FTB) A or B at any time during the 2013-2014 financial year, and have received an FTB payment in respect of that eligibility; and
- Be an account holder of an electricity retailer, or a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.

FOR MORE INFORMATION & ASSISTANCE
PHONE Service NSW 13 77 88
EMAIL ter.program@trade.nsw.gov.au