Our Mission Statement: 'To nurture personal best and global citizenship in every student by providing a safe and vibrant learning environment with inspiring teaching'

August 2015

Principal’s update

Welcome back all to an incredibly busy and exciting Term 3. The term started with our School Development Day (SDD). The focus of the day was:

The PERMA Model - Well-being Theory.

Happiness is a slippery concept. Sometimes it seems to us like the Holy Grail: mythical, wonderful, but probably unobtainable. But Positive Psychology suggests that happiness is more than obtainable. It is the natural result of building up our well-being and satisfaction with life. Professor Martin Seligman spent many years developing a theory of happiness. He wanted to identify the building blocks of well-being. He drew up a five-sided model of well-being called the PERMA model.

These are the five elements Seligman found essential to human well-being:

Source: Positive Psychology, Melbourne

Each of these elements is essential to our well-being and satisfaction with life. Together, they form the solid foundation upon which we can build a happy and flourishing life.

The SDD was a follow up from the two day Executive Conference in June. Dan Haesler, a renowned international speaker, addressed the latest research on understanding of “authentic engagement” and engagement models of best practice, including PERMA.

Performance and Development Plans

From 2015, the Performance and Development Framework for principals, executives and teachers, replaces previous performance processes under the Teacher Assessment and Review Schedule, Executive Assessment and Review Schedule, Principal Assessment and Review Schedule and Officer Assessment and Review Schedule. The overarching purpose of the performance and development process is to support the ongoing improvement of student outcomes through continuous development of a skilled, effective and professional teaching workforce. Our challenge now will be to ensure quality feedback and targeted professional learning that will support staff to achieve their goals for enhanced student learning outcomes.

Effective use of BYOD

Staff had the opportunity to share and explore technology sites and resources for improved student engagement.
**2016 Timetable**

Year 8 and Year 10 students have completed their Expressions of Interest for 2016 Elective choices and HSC course choices respectively. Currently we are in the process of developing the lines for the 2016 timetable. It is important that all inquiries in relation to the timetable are directed to Mr Robinson, the Deputy Principal for Years 8, 10 and 12.

**Congratulations**

One of the wonderful things about our school is that everyday is a celebration. I am amazed by our girls’ involvement in CAPA performances, sporting activities and competitions, their sensitivity towards less fortunate people and the care and respect portrayed towards their school and each other. We have a wonderful school and we must acknowledge it with every opportunity.

Congratulations to our three bands who performed at the NSW Band Festival at Kensington on the weekend and achieved the following awards:

- Concert Band - BRONZE award
- Wind Ensemble - SILVER award
- Stage Band - GOLD award

Congratulations to Ms Manton, the Musical Director, for such an exceptional performance.

Congratulations to our new SRC executive:
- President - Laura Cook
- Vice-President - Gillian Norris
- Secretary - Ana Vaka
- Treasurer - Simran Paul

Congratulations to our new student leaders:
- School Captain - Georgina Cant
- Vice Captains - Jessica Binet, Lauren Gallaway

I am looking forward to their contribution to our student leadership body.

**Commencement of the Practical HSC Examinations**

The commencement of the HSC practical examinations starts with Dance on Thursday 6 August and Friday 7 August, followed by Drama on Monday 24 August. The other practical examinations and submissions of projects and major works will follow. As a school community we wish the students the very best outcomes in their courses.

**Year 12 Interviews**

An outcome of the Year 12 report interviews was increased understanding for the need of a holistic school approach and individualised support programs to further assist Year 12 students in their studies prior to their HSC examination. Thank you to Mr. Clarke for coordinating and evaluating the Year 12 interviews.

Year 11 interviews commenced Tuesday of week 3. The process will be similar to Year 12.

**Japanese Academics Visit to our school.**

We accepted a request from Access Macquarie Limited to host 15 teachers from the Tokyo English Teaching Masters Abroad Program from 27 August to 17 September 2015. We are looking forward to this experience. Thank you to Mr. Fulwood and the LOTE teachers for accommodating this request.
School Uniform

Asquith Girls High School is a uniform school. In accordance with DoE policy our uniform is:

- defining the AGHS identity within our community
- developing students’ sense of belonging to the school community
- providing an opportunity to build school spirit
- enhancing the health and safety of students involved in school activities
- promoting a sense of inclusiveness, non-discrimination and equal opportunity
- reinforcing the perception of the school as an ordered and safe environment
- increasing the personal safety of students and staff by allowing easier recognition of visitors and potential intruders in the school
- promoting positive community perceptions of the school.

Please note:
The length of student uniform must comply with school policy. Students who do not comply with this may be asked to do so during school time. I seek your support as parents/caregivers in endorsing this with your daughter/ward.

_It is expected that all students wear their uniform with pride and respect every day._

Students using public transport

Students are reminded that correct behaviour and consideration must be displayed at all times on public transport and public areas. All students must make their way directly to school after alighting from the train or make their way to the appropriate train station platform to catch their train. School values must be observed at all times by all students.

School fees

Thank you to all families for settling their financial commitments. Your fee contribution supports our plan in providing cutting edge technology and resources for our students. A current fee statement will be mailed during week commencing 3 August. A reminder to Year 11 and 12 parents that part of signing out is the settlement of outstanding fees. Should you wish to discuss this with me further please do not hesitate to contact me during school hours.

Teacher and Principal Award and Related Initiatives

During 2015 the Department is implementing the transition to the new standards-based pay for teachers and the new principal classification structure for principals. This includes related initiatives such as principals becoming the Teacher Accreditation Authority and the rollout of the new Performance and Development Framework.

Department changes name

The Department has changed its name from 1 July 2015 from the Department of Education and Communities to the Department of Education (DoE).

I wish to take this opportunity to sincerely thank our parents/caregivers, the teachers, the administrative staff and the students for the way in which we all work together and support each other to create our unique and professional learning environment. This environment enables our students to achieve their best and our educators to design learning opportunities for students to become productive members of our rapidly changing local and global society.

I would also like to highlight and acknowledge again the support we were given by Nigel Welsh who devoted his personal time to ensure the café deck met the building standards. You will be pleased to know that our café operation has been a success story. Finally, our new toilets are now in operation.

Best wishes for the month of August.

Elizabeth Amvrazis
Principal
Faculty news—Creative and performing arts (CAPA)

**Sydney North Dance Festival**

In week 10 of Term 2, the Year 8 Dance Ensemble and Elective Companies 1 and 2 had the opportunity to perform in our regional dance festival: Sydney North Dance Festival. The girls represented the school amongst a high calibre of local primary and secondary schools in performances across three days.

There were 42 students involved across Years 8, 9 and 10. The students performed pieces choreographed by Miss Eastley that they have been working on all year. Over the course of the three days, each group performed in three different shows: a matinee, a twilight and an evening performance. The girls were an excellent example of professional performers for the younger festival participants.

**Dance Night**

On Thursday 30 July, 67 dance students put on their annual dance showcase Dance Night. The showcase is first and foremost a chance for the HSC Students to present their performances and compositions in preparation for the HSC Examinations on Thursday 6 August and Friday 7 August. But also, Dance Night is a chance for our elective dance classes to showcase their classwork and the Companies and Ensembles to perform the dances they have performed at our regional dance festival.

The night went very smoothly and the students presented a very professional show. This was in part thanks to the Year 11 Entertainment class, who were the crew for the show, operating lights, sound and running the show. The feedback from parents and teachers alike was very positive, praising the girls on their exceptional performances and technical prowess.

**Carly Hallett**

**Dance Teacher**

**Mark Morris Master class**

On Friday 5 June I participated in the *Mark Morris Master Class* at the Sydney Opera House. The Mark Morris Dance Company is a group from America. The workshop was split into two sessions. In the first session we had a technique class and we did a variety of sequences before learning a small section of the finale piece from the Company’s world tour performance last year. In the second session we worked on composition, in particular on manipulating movement rather than creating movement. The activities were totally unique and have provided me with a whole new perspective on composition.

It wasn’t just the dancing that made the experience phenomenal but the fact that the workshop took place on the Joan Sutherland Theatre stage. This was very special as we had the spotlights on us and it turned an ordinary exercise into feeling like a performance. There was a camera crew videoing the whole workshop and we had a live pianist accompanying us. This was an absolutely inspiring workshop that I would love to participate in again.

**Erin Yelland**

**Year 10**
P&C news

Our Year 12s have run and done their trial HSC exams, and have commenced their last school term prior to the HSC exams. For me, the year is going extremely quickly. For some Year 12s I’m sure the year is flying by, and for others, it probably can’t go quickly enough!

The P&C year coincides with the Year 12 school year, and our AGM is but a month away. We have our penultimate meeting this Wednesday, and it would be great to have some support from parents of younger students, willing and able to undertake some of the roles to be vacated at the September meeting. Please dig deep and search for the willingness to support your daughter’s education by being part of the school P&C. I know from experience that it is a time of much enjoyment, and a quantifiable benefit to your daughter’s education, and the greater school community.

We have our Father – Daughter Breakfast coming up at the end of August. Look out for an e-flyer in your email soon. This is a great morning, and a great opportunity to engage with your daughter at her school, and meet some of her friends and other dads.

Our next meeting is on Wednesday 12 August. Please come along and join us to see where you can contribute to your daughters’ education, and get involved in serving our school community to the benefit of all.

Michael Ficker
P&C President
Email: President@AGHSPandC.org.au
Web: www.AGHSPandC.org.au

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<tr>
<th>IMPORTANT DATES TO REMEMBER</th>
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<tr>
<td>HSC Drama Showcase (7pm-10pm)</td>
<td>Wednesday 5 August &amp; Thursday 6 August</td>
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<td>Year 8 Games Day</td>
<td>Thursday 6 August</td>
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<tr>
<td>P &amp; C Meeting</td>
<td>Wednesday 12 August</td>
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<td>Science Week</td>
<td>Monday 17 August to Friday 21 August</td>
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<td>Year 11 Exams</td>
<td>Monday 31 August to Friday 11 September</td>
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<td>TAS Display Evening</td>
<td>Tuesday 15 September</td>
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<td>Year 12 Graduation (4pm-7.30pm)</td>
<td>Wednesday 16 September</td>
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<tr>
<td>Year 12 Final Assembly &amp; Concert</td>
<td>Thursday 17 September</td>
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Faculty Update—History, Human Society and it’s Environment (HSIE)

Year 7 Geography
For the topic ‘Global Environments’, 7F and 7A have been busy in the last few weeks of term researching about specific environments of deserts and rainforests. All students chose different environments to create dioramas, which had to include different plants, animals and natural features of that specific rainforest or desert.

We enjoyed the experience in putting in all the details. It was quite challenging to create all the trees in a creative and realistic way. It was fun to see all how it all came together in the end and to see all of the different dioramas from our class peers.

Overall, both classes created some amazing global environments and learnt a lot about the world around them.

Written By Aimee Gallaway and Georgia Clements, 7A

Year 8 Geography
Year 8 has been investigating the process of Globalisation and Global Inequalities, looking at how jeans and chocolate are created and traded. As part of the Global Issues topic, students have been learning about climate change and threatened habitats and thinking about ways in which they can address these global issues, creating eco-corporations to address these environmental problems. The corporations included an app to save Blue Whales, a cereal brand and a Water Park to save Green Sea Turtles.

Veni Ganeson
HSIE Head Teacher
Music News

NSW Band Festival
Congratulationsto the Concert Band, Wind Ensemble and Stage Band for their wonderful performances at the NSW Band Festival on Sunday 19 of July. The Concert Band was awarded a BRONZE award, Wind Ensemble a SILVER award and the Stage Band a GOLD award. Well done to the bands and their musical directors Mr and Mrs Manton!

Talent Development Program
Congratulations to Year 11 music student Jasmine Khan who has successfully made it into the next round as part of the Talent Development Project (TDP) run by the Arts Unit NSW. TDP is an extracurricular course developed for highly talented young musicians from public schools, who receive musical training and additional performance experiences with a view to enter the music industry in the future. It is a highly competitive process and we look forward to hearing about Jasmine’s progress over the next few months!

Important Performance Dates
Could you please put the following dates in your diary:

   Musicale – Wednesday 26 August 7pm (all music ensembles)

   ABHS Community Day – Sunday 13 September (Stage Band and Junior Choir)

Fees
A reminder to all parents/caregivers that music ensemble fees for Term 3 are now due, as detailed below. Thank you to all parents/caregivers who have already made payments.

<table>
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<tr>
<th>Ensemble</th>
<th>Fee</th>
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<tr>
<td>Membership for Wind Ensemble, Concert Band or Stage Band</td>
<td>$75 per term</td>
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<tr>
<td>Additional Membership for either Wind Ensemble, Concert Band</td>
<td>$25 per term</td>
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<tr>
<td>or Stage Band</td>
<td></td>
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<tr>
<td>Vocal Group or Junior Choir</td>
<td>$35 per term</td>
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Alex Manton
Musical Director
AGHS Musicale 2015

Featuring performances from HSC Music students and all school ensembles
Barista Sistas’ Café is open for business from Term 3! Year 9 Hospitality students have been working extremely diligently learning about food hygiene, food safety, customer service and the art of preparing a range of beverages. The Café will operate fortnightly during Thursday and Friday lunchtimes. Students are able to purchase hot chocolate, smoothies, milkshakes and freshly prepared pastries. Year 11 and 12 students are also able to purchase coffee.

Barista Sistas’ Café has been designed and built from the ground up and is a splendid showcase of an authentic and rich learning space. Students will be rostered to work in various roles in the café, where they will gain valuable experience in customer service, financial transactions, supervisory and of course barista skills.

Katey Bird
Hospitality Teacher

Year 9 Food Technology
At the end of Term 2, Year 9 Food Technology undertook their first practical Assessment Task. They worked in partners to produce a traditional dish from a specific culture and as a result the class prepared a multicultural buffet with exciting new flavours. All students had the opportunity to taste test all the cuisines in the class, making their tastebuds come alive! Year 9 challenged themselves exploring new flavours and new techniques. Both the classes should be commended for their outstanding efforts!

Alyce Avery
TAS Teacher
Sports update

AGHS 2015 Athletics Carnival
The annual AGHS athletics carnival was held at Foxglove Oval on Thursday 21 May 2015. The weather and display of athleticism was fantastic. The day comprised of over 70 events, both track and field. There were two records broken by Tiana Hazelwood in discus and shot put. Tiana threw 33.04m in discus and 10.43m in shotput. Well done Tiana!

The age champions of the 2015 carnival were:

12 years – Rhona Choat
13 years – Lauren West
14 years – Chloe Blissett
15 years – Rebecca Rogers
16 years – Jaslyn Setiadji
17 years – Tara Kissick
18 years – Annabelle Rogers

Congratulations to all the age champions, fantastic effort.

The athletics winning house was CHISHOLM with a whopping 1102 points! Well done Chisholm. Gilmore came in a close second on 1057 points. Turner was third on 929 points. Bates coming in 4th with 791 points.

Ms Overhall would like to thank all the staff for their assistance and running of events during the day. I would also like to thank Wayne Birmingham for his assistance and the parents who came to support the students.

A MASSIVE thank you to the House Captains and Vice Captains who put in a lot of hard work and effort in setting up, encouraging their house and organisation during the day.

Kelly Overhall
PDHPE Teacher, Carnival Organiser
Faculty news—PDHPE

Annabelle Rogers
On Friday 19 of June 2015, Annabelle Rogers was awarded the Pierre de Coubertain award at the NSW state presentation held at Homebush.

The Pierre de Coubertin Award recognises secondary school students who demonstrate values which are consistent with the Olympic Movement through participation in sporting activities.

More than 13,000 young Australians have received the Award since its inception in 1993, including:

- 2012 London Olympic Silver Medallists Kim Crow (Rowing), Jessica Fox (Canoë/Kayak – Slalom) and Nina Curtis (Sailing);
- London 2012 Bronze Medallist Kaarle McCulloch (Cycling - Track) and
- Youth Olympians Luke Nollett (Hockey), Annalese Smith (Handball) and Claire Dennerley (Handball).

Each year, secondary school teachers are invited to nominate one recipient for the Pierre de Coubertin Award from Year 11 or 12.

Annabelle Rogers is a very worthy recipient of this award. She has been involved in a number of sports and represented the school at Zone, Area and CHS level. Annabelle has managed to participate in and succeed in her sporting achievements whilst maintaining her academic standing at school.

Congratulations and well done Annabelle.
Faculty News—PDHPE

Huge congratulations to all students who competed in the Term 2 Inter-School Grade Sport Competition. Our Netball 1 and Softball 1 teams were both crowned winners of their respective competitions, which included teams from right across the North West Metropolitan Girls Zone.

Thank you to all students and teachers for their efforts each week, regardless of the end result!

Basketball

The Open Girls Basketball Team was very successful this year. They not only managed to come first in their respective Sydney North knock-out pool, but they continued playing as part of the top 16 teams in the state. Unfortunately in their final match against Kotara High School (a Newcastle team), they were defeated 32 points to 31 points. The game was a nail biter right until the final seconds of the match and to lose by half a goal shows just how close this match was.

The whole team played very well together and should be commended on coming 16th in the state. This is an outstanding achievement. The team is:

Nicole Hutchins     Natalie Letzner
Elyse Horne     Sophie Van Leeuwen
Maggie Humphreys     Daila Walker
Linnea Stevens-Jones     Erica Pitman

Bianca Harris

A big congratulations to Bianca Harris on her gymnastics achievement. Bianca has managed to achieve a level 9 in gymnastics in conjunction with her academic requirements. Well done Bianca!

Jessica Clark

A big congratulations goes out to Jessica Clark who was selected in the NSW Goalball team to represent Australia at the Pacific School games. Well done Jessica, we are all looking forward to hearing about your successes at the upcoming Pacific School Games.

Maggie Humphreys – Junior Sports Star

On Wednesday 18 February, my family and I travelled to Waterview in Homebush to the News Local Junior Sports Star Awards Presentation Night.

This night celebrated the achievements of young athletes in their sport. Nineteen local newspapers were involved in the event, each paper receiving 28 nominations and selecting 4 finalists in both the Junior Sports Star and Young Achiever categories to attend the awards night. The Hornsby Advocate’s finalists included, myself (football referee), Scarlett Prowse (running), Patrick Adji (karate), and Eloise Cain (diver). The winner of our paper was Eloise and she received a medal and $1000.

The MC for the night was Adam Peacock, a presenter on FOX Sports. He was very good with all the award winners and I got the wonderful opportunity to talk with him at the end of the night and he was very supportive of my achievements and goals. The overall winner was 16 year old Jessica Thornton, a 400 m runner who holds the title of the fastest U18 in the world! The night was a huge success and it was an honour to be associated with these tremendous athletes.

Maggie Humphreys
Year 11

Well done Maggie!!
Faculty News—PDHPE

Asquith Boys v Girls Netball game
When Asquith Boys and Asquith Girls high schools clashed in an end of term netball game last Thursday, the result was a show of good manners, sportsmanship and strong wins.

Held at Asquith Girls High, both junior and senior girls’ teams won against the boys’ teams, 18-0 and 16-3 respectively.

The boys put up a really good fight but having all the girls in rep teams, it was like a training run for our girls.

The boys’ defence was really good, they had the height advantage and there were a lot of football passes in the game. It was really fun to watch!

The students are to be commended on the excellent manners and display of sportsmanship throughout the game by both teams, it was outstanding.

They were well-mannered and very respectful when they were getting called up on things.

The netball game could not have been scheduled at a better time as our girls prepare for the upcoming New Zealand netball tour in April 2016. The boys would like to challenge the girls again on their home turf and in a different sport.

The game was arranged by the house captains as one of their sporting in itiatives. Each term they will schedule a Staff v Student game or an exhibition game.

The local paper was on hand to report on the outstanding display of athleticism of both schools.

Well done to both the Girls and Boys teams!!
Faculty News—PDHPE

Hillary Challenge NSW State Championships

Recently Dani Israel, Erin Yelland, Tiegan Gleave and Jade Slater of Year 10 represented Asquith Girls in the NSW State Championships for the Hillary Challenge, which was held at Camp Wombaroo in the Southern Highlands. In order to qualify to enter the challenge, the team had to first complete a Rogaine and an orienteering challenge as well as an environmental project where they had to find a problem with the local environment, study it, and then create ways to reduce or diminish the issue.

The Hillary Challenge involved the use of navigational skills, teamwork, leadership skills, innovative thinking and in the space of two days, the team completed five challenges which were:

- building towers out of milk crates while standing on them,
- building a catapult out of timber and rope,
- purifying river water by boiling it,
- Rogaining and
- putting a bike together properly in order to ride it to gain points.

They also completed a night navigation challenge and an adventure race challenge, which involved a 5km run, a 12km cycle and a 3km paddle in a canoe. Unfortunately, after an amazing start to the race, the team had the misfortune of having a navigational problem and ended up being lost in the bush during the cycle section with two other teams for 2 hours and had to use walkie talkies and whistles to be rescued!

Despite the mishap, Team Asquith placed 2nd in the all-girls section and 9th overall, managing to qualify for the National Championships! Well done to all the other teams that competed. Everyone thoroughly enjoyed themselves, made many new friends and learnt valuable life lessons!

Special thanks to Mike Israel for managing the team and the Outdoor Education Group for organising the event.

Kelly Overhall
PDHPE Teacher
Hornsby Girls’ High School

Hornsby Girls’ High School Multicultural Fair

Saturday 22nd August
11am - 4pm
Hornsby Girls’ High School,
Edgeworth David Ave
Opposite Westfield Shopping Centre

- Huge international food fair
- Cake stall - New rides
- Cultural performances in music and dance
- Henna, origami and face painting
- Hornsby Rotary Book Fair for Lifeline
- Robotics display - Trash and Treasure
Nicole Hutchins’ Trivia Night

Help raise funds for her to participate in NSW USA Basketball Tour

$15 / pp

Raffle, Auction, Games
BYO Food and Drink

7pm Friday 7th August
St Patrick’s School Hall
1 Royston Parade, Asquith NSW 2077

6-8 people per table
Dress as your favourite sports team!
(Optional)

RSVP 0413454505 by 31st July
UOW OPEN DAY

10am - 2pm
Saturday, August 29
Sydney CBD Campus, Circular Quay
Gateway Building, 1 Macquarie Place
uow.edu.au/sydney-open-day

Attend the Sydney CBD Open Day and explore three
levels of modern teaching facilities overlooking
Circular Quay and the Sydney CBD precinct.

You will have the opportunity to:
- Chat face-to-face with our academic staff
- Learn about our business courses
- Meet current students and industry partners
- Tour the campus

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To find out more and get a FREE copy of our social calendar call 1300 300 496

Or check out our web site:
www.singlewithchildren.com.au
Asquith Girls High School

Dance Night 2015

Thursday 30th July

School Matinee 11:30am
Evening Performance 7pm
$5 entry
JUNIOR Touch
ALL GAMES @
FOXGLOVE OVAL, Mt Colah

REGISTER
NOW

$60
Inc. t-shirt

Online @
hornsby.mytouchfooty.com

Or

Foxglove Oval
Wednesday 29th July
4:30pm - 6:30pm

Family Discounts Apply
2 Kids $115 | 3 Kids $165

After more Information?
hornsbytouch@hotmail.com

No Coaches, No Pressure..... just FUN

Girls 9s 11s 13s 15s 17s
Boys 9s 11s 13s 15s